

Where I am now

# PILLARS OF A BALANCED LIFE

How important this is to me

10 High

9

8

7

6

Middle

4

3

2

1 Low

	Professional	Financial	Physical	Spiritual	Social Support	Intimacy	Family	Learning Growth	Home Office (Environment)	Play Fun
10										
9										
8										
7										
6										
Middle										
4										
3										
2										
1										